

## **Information About Your New Patient Visit**

We request that patients under the age of 18 at the date of their scheduled visit be accompanied by the responsible party (parent/legal guardian).

In order to make sure we can obtain the most accurate reading of your skin test, we request that you **do not** take the following medications prior to your visit for the periods listed below. If you should have to take these meds, or if you accidentally take them, your visit will have to be rescheduled. Please note: **This visit could take as long as 2-3 hours.**

1. You should not be skin tested if you are currently taking a Beta-Blocking medication such as is used in the treatment of high blood pressure, heart conditions, migraine headaches, glaucoma and other conditions. Please consult the physician who has prescribed these medicines to determine if you can possibly switch to another type of medicine to treat your condition. **DO NOT STOP THESE MEDICATIONS SUDDENLY, OR ON YOUR OWN, WITHOUT THE CONSENT OF YOUR PRIMARY DOCTOR.** Some of the more common beta blockers are as follows: Acebutolol (Sectral), Atenolol(Tenormin tenoretic), Betapace, Betaxolol(Kerlone and Betopic & Betagan eyedrops), Bisoprolol (Zebeta, Ziac), Cartelol (Cartrol), Carvedilol (Coreg), Labetalol (normodyne, Trandate, Metoprolol (Lopressor, Lopressor HCT, Toprol-XL), Nadolol (Corgard, Corzide), Penutolol (Levatol), Pindolol (Visken), Propranolol (Inderal, Inderal LA, Inderide, Inderide LA), Timolol(Blocadren, Timolide and Timoptic eyedrops), Metipranolol (optipranolol). These are samples of beta blocking agents, if you have any questions regarding your medications, please ask your pharmacist.
2. Please stop taking any antihistamines 5 days prior to your visit. If your symptoms are unbearable, you may take Benadryl up to 48 hours prior to your appointment. Please be aware that many over- the- counter sleep aids, cold medications, and cough syrups contain antihistamines, if you are unsure about any of these meds that you may be taking, please consult your pharmacist for additional detailed information.  
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3. Avoid these ulcer medications if possible 5 days prior to your visit: Axid, Pepcid, Tagamet, Zantac.
4. You may continue all nasal sprays **with the exception of Astelin and Patanase** which should be stopped 1 day prior to your visit.
5. You should continue Prednisone, other steroids, and asthma medications such as Accolate, Advair, Aerobid, Albuterol, Atrovent, Azmacort,Combivent,Flovent, Foradil, Intal, Maxair, Proventil HFA, Pulmicort, Seevent, Singulair, Tilade, as these medications will not interfere with your skin testing.
6. Please be sure to bring all current medications you are taking to your visit, including over the counter meds and vitamins.
7. Finally, please **bring your insurance card and be prepared to pay your co-pay.**